

[illegible]

# TABLEAU DES INGRÉDIENTS



LA FERME DU MONT D'OR  
FERME PAYSANNE ET SAUVAGE  
LE MONT D'OR 17290 LE THOU



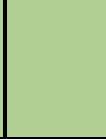
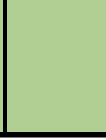
 = Présent  = Traces possibles



= issue de la ferme



= produit en local

| <div>Ingrédients</div> <div>Nom du plat</div> | <div>Farine de Blé Anciens</div> <div>AB</div>                                      | Farine de Sarrasin                                                                  | Oeuf                                                                                | Sucre                                                                              | Miel                                                                              | Confiture                                                                          | Pâte à tartiner chocolat noisettes                                                   | Lentilles Corail                                                                      | Sel                                                                                   | Coriandre                                                                             | Cumin                                                                                 | Cannelle                                                                              | Curcuma                                                                               | Fenugrec                                                                              | Huile d'olives                                                                        |
|-----------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Crêpe La Sucrée                               |    |                                                                                     |    |   |                                                                                   |                                                                                    |                                                                                      |                                                                                       |    |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |    |
| Crêpe La Mielleuse                            |    |                                                                                     |    |   |  |                                                                                    |                                                                                      |                                                                                       |    |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |    |
| Crêpe La Confiturée                           |    |                                                                                     |    |   |                                                                                   |  |                                                                                      |                                                                                       |    |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |    |
| Crêpe La Chocolatée                           |    |                                                                                     |    |  |                                                                                   |                                                                                    |  |                                                                                       |    |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |   |
| Galette La Que Dahl                           |  |  |  |                                                                                    |                                                                                   |                                                                                    |                                                                                      |  |  |  |  |  |  |  |  |
| Galette La Végé                               |  |  |  |                                                                                    |                                                                                   |                                                                                    |                                                                                      |                                                                                       |  |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |  |
| Galette La Paysanne                           |  |  |  |                                                                                    |                                                                                   |                                                                                    |                                                                                      |  |  |  |  |  |  |  |  |

Tous les ingrédients sont issus de l'agriculture biologique